

Spiritual Walk Diagnostic

Part I: Relationship with God

1. How close do you feel to God?

- a. Who is God?
- b. I don't think about God much; we are not too close.
- c. I know God loves me and I am drawing closer to him every month.
- d. I love God and am learning to get closer to him.
- e. I feel very close to God and share all my thoughts with him.

2. How well do you think you understand God?

not at all-----very little-----somewhat-----very well-----like I know myself

3. How many days in a week do you set aside quiet time [Bible/prayer]? _____

4. When you pray, do you pray for yourself? _____

5. When you pray, how much do you get into it?

short and sweet---going through the motions---thoughtful---emotional---intense!

6. How often do you ask God to speak to you and then listen? _____

7. Which of these ways do you feel closest to God [circling more than one is ok]?

- a. being out in nature [beach, woods, etc.]
- b. worshipping and praising
- c. reading the Bible or doing devotions
- d. prayerfully meditating
- e. relating with other people
- f. serving

8. When you read the Bible, do you take time afterward to meditate on what you read?

never---sometimes---usually a little---usually a lot

9. How much do you trust God?

- a. Not at all.
- b. I trust him to save me through the sacrifice of Christ.
- c. I trust him to keep his promises in the Bible.
- d. I trust him in some areas of my life, but not in others.
- e. I trust he cares for me and knows what is best for me, so I want to follow Christ in all areas of my life.

10. Are you sure you are going to Heaven when you die? _____

11. How well do you think you understand God's view of *you*?

no idea---a bit fuzzy---know the basics---could explain it some---know all

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Part II: Christ-like character

1. When you learn something new about Christian life, do you try to apply it?

never----once in a while----sometimes----usually----always

2. How many scriptures do you think you have memorized right now? _____

3. Does your behavior reflect that you are a Christian?

a. Nobody would even believe I was a Christian based on how I behave.

b. I struggle to live like a Christian in almost every way.

c. In some areas I live like a Christian, but in others I rarely do.

d. I live like a Christian in most ways, but I struggle often.

e. I am usually living like a Christian [though I am not perfect].

4. What specific sins really trouble you repeatedly?

5. Are you comfortable handling conflicts in your close relationships?

a. I refuse to deal with conflict.

b. I blow up with a temper when there is conflict.

c. I try, but rarely can resolve the conflict satisfactorily.

d. Sometimes I handle conflict well and restore things, sometimes not.

e. Usually, I am able to resolve the conflict peacefully.

6. Are you willing to give back to God, through serving and tithing? _____

7. How much do you feel these on a scale of 1-5, with 5 being great and 1 being stinky?

Love: _____

Peace: _____

Joy: _____

Patience: _____

Kindness: _____

Goodness: _____

Trustworthiness: _____

Gentleness: _____

Self-control: _____

Contentment/thankfulness: _____

Honesty/integrity: _____

Humility: _____

Self-discipline: _____

Teachability: _____

Encouraging in speech: _____

Boldness: _____

Decisiveness: _____

Loyalty: _____

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Part III: Spirit led life

1. Do you ever pray for the Holy Spirit to fill you or lead you? _____
2. How often do you pray for God's help during an average day?
never---rarely---once in a while---a couple of times---often
3. When faced by temptation, what do you do usually [circling more than one ok]?
 - a. give in willingly.
 - b. try to fight it with my own willpower.
 - c. call someone to talk with me and help me.
 - d. pray for help resisting.
 - e. get myself out of the situation that makes giving in easy.
4. When you have negative thoughts, what do you do?
 - a. dwell on them.
 - b. accept them and move on.
 - c. ignore them.
 - d. talk about them with someone else.
 - e. try to counter them with biblical truth.
5. Do you try to serve [do nice things for] your family and friends?
never---rarely---once in a while---sometimes---lots---every day
6. Do you care that some of your friends and family are not Christians?
 - a. why should I?
 - b. I try not to think about it much.
 - c. It bothers me, but not enough to do anything.
 - d. It bothers me, but I don't know what to do other than pray for them.
 - e. I pray for them, invite them to church things, and talk about spiritual things to them.
7. How interested are you in growing spiritually and learning about God's ways?
not at all---only a little---if it doesn't take work---I like it---I really want it
8. How interested are you in learning how to help others know God better?
not at all---very little---somewhat---interested, but not motivated---let's do it!
9. When you wake up in the morning, how do you feel?
 - a. Oh, no, not another day!
 - b. Maybe I will sleep longer.
 - c. I guess I will get on with things.
 - d. I hope I will have some fun today!
 - e. What do you have in store for me today, God?