

1. Experience of Fruit of the Spirit

Galatians 5:22-23 [NASB]: "But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law."

The gift of the Holy Spirit to those who yield to him is the fruit of the Spirit, godly qualities of benefit to both the believer and those with whom he interacts [Galatians 5:22-23]. These Christ-like qualities are fruit of the Spirit, they cannot be developed in our own power; however, as we increasingly yield to the Holy Spirit as we mature, we shall see growth in these qualities in ourselves.

A. Give yourself a letter grade reflecting how well you experience and exhibit each trait:

_____ Love	_____ Patience	_____ Gentleness
_____ Joy	_____ Goodness	_____ Faithfulness
_____ Peace	_____ Kindness	_____ Self Control

B. Circle the rate that reflects how fast you are improving in experiencing and exhibiting the fruit of the Spirit:

Growing Fast-----Growing Steadily-----Growing Slowly-----Stagnating

2. Transformation toward Christ-Likeness

Romans 8:29 [NIV]: "For those God foreknew he also predestined to be conformed to the likeness of his Son, that he might be the firstborn among many brothers."

One anticipated result of the sanctification process is that we come to resemble Christ, and thus better reflect the image of God in which we were created [Romans 8:29; 1 Corinthians 15:49; Colossians 3:10]. Becoming like Christ is not just to stop sinning, but to really live! to live like Christ. This process will reverse the effects of sin on our mind [Romans 12:2], emotions [1 Peter 2:11; Ephesians 4:31], and even desires [1 John 2:15; Romans 6:17]. Though we all become more like Christ, we retain our individual characteristics which God designed into us to be a blessing to the body of Christ [Ephesians 4:15-16; 1 Corinthians 12:4-27].

A. Circle the level that reflects your Christ-likeness in each area:

My moral values match up with Christ's:	always---usually---sometimes---rarely---unsure
My life priorities match up with Christ's:	always---usually---sometimes---rarely---unsure
My behavior is obedient to Christ:	always---usually---sometimes---rarely---unsure
My activities are those Christ said to do:	always---usually---sometimes---rarely---unsure

↳ [e.g. share the gospel, teach, mentor,
sacrificially serve, exemplify Christ to others]

B. Circle the rate that reflects how fast you are being transformed to be like Christ:

Growing Fast-----Growing Steadily-----Growing Slowly-----Stagnating

3. Growth toward Maturity in Christ

Ephesians 4:11-16 [NLT]: “Now these are the gifts Christ gave to the church: the apostles, the prophets, the evangelists, and the pastors and teachers. Their responsibility is to equip God’s people to do his work and build up the church, the body of Christ. This will continue until we all come to such unity in our faith and knowledge of God’s Son that we will be mature in the Lord, measuring up to the full and complete standard of Christ. Then we will no longer be immature like children. We won’t be tossed and blown about by every wind of new teaching. We will not be influenced when people try to trick us with lies so clever they sound like the truth. Instead, we will speak the truth in love, growing in every way more and more like Christ, who is the head of his body, the church. He makes the whole body fit together perfectly. As each part does its own special work, it helps the other parts grow, so that the whole body is healthy and growing and full of love.”

An anticipated result of the sanctification process is we become mature in our faith, sure in our knowledge of God and his ways, discerning in spiritual matters, and experienced in our walk and service [Ephesians 4:11-16; Colossians 1:9-12; Hebrews 5:14; 2 Timothy 3:17; 2 Peter 3:18]. The word for maturity in Ephesians 4:11-16 means “complete.” Sometimes it is translated “perfect,” [Matthew 5:48; Philippians 3:15; Colossians 4:12] but its meaning is not that we are to be flawless, for we see no biblical heroes of faith who achieved a sinless state [Hebrews 11]. Sometimes this perfection is in reference to our positional sanctification and justification [Philippians 3:15]. In other passages, it is clear that Jesus is showing us that God’s moral standard is absolute purity [Matthew 5:48]. While that is impossible for us to achieve in this life, we should pursue that standard, whole-heartedly seeking after the will of God, as did David, who – though he sinned grievously – was considered by God a man after his own heart [1 Samuel 13:14; Acts 13:22].

A. Circle the level at which you rate yourself in these aspects of maturity:

Unity with other church leaders:	outstanding---strong---fair---weak---negligible
Knowledge of God and his ways, sureness & steadfastness on doctrine:	outstanding---strong---fair---weak---negligible
Discernment in spiritual matters:	outstanding---strong---fair---weak---negligible
Speaking truth in love:	outstanding---strong---fair---weak---negligible
Experience and assurance in life issues, and a recognizable stature in faith:	outstanding---strong---fair---weak---negligible
Eagerness for continued spiritual growth:	outstanding---strong---fair---weak---negligible

B. Circle the rate that reflects how fast you are growing toward this type of maturity:

Growing Fast-----Growing Steadily-----Growing Slowly-----Stagnating

4. Intimacy with God

1 Corinthians 1:9 [NET]: “God is faithful, by whom you were called into fellowship with his son, Jesus Christ our Lord.”

God calls us into fellowship through Christ [1 Corinthians 1:9], and we can have intimacy with God, under his specified conditions, including confession and obedience [1 John 1:1-9].

A. Circle the description of your intimacy level:

I usually sense God’s presence--sometimes I feel close to God, other times not--God seems distant all the time.

B. Circle the rate that reflects how fast you are improving in your sense of intimacy with God:

Growing Fast-----Growing Steadily-----Growing Slowly-----Stagnating